UNIVERSITY OF SANTA MONICA
SOUL-CENTERED PROFESSIONAL COACHING
ANSWERING THE CALL

Instructions: Choose whether you will be responding to Side A or Side B. Write endings to the stem sentences in the space provided. Write whatever answers occur to you. Keep writing (without thinking too much) until you have written several endings to each sentence. Your responses are for your use only.

Side A: If you are new to coaching, you may find these stem sentences more appropriate for you. Choose whichever side of this handout is most useful for you.

If I answered the call to make a more meaningful contribution, I would . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

What calls me to be a coach is . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

What gets in my way of answering the call is (include fears, concerns) . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

If I were to stand forward as a Soul-Centered Professional Coach, I would . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

(OVER)
**Side B:** If you are already coaching, you may find these stem sentences more appropriate for you. Choose whichever side of this handout is most useful for you.

If I were coaching the way I always wanted to, I would . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

If I were going to move my coaching practice forward, I would . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

The ways I hold myself back in my coaching practice are . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

If I could experience anything in my professional life as a coach, it would be . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

If I could generate an abundant living as a professional coach, I would . . .

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________